

**Peace (Well-Being)**

**Sustenance: Nourishment, Movement, Health, Shelter**

**Safety/Security: Protection, Stability, Order, Constancy**

**Rest: Resilience, Space, Balance, Ease, Equanimity**

**Love (Connection)**

**Presence: Awareness, To Be Known, Acceptance, Clarity**

**To Matter: Mutual Recognition, Support, Consideration, Trust**

**Compassion: Tenderness, Nurturance, Appreciation, Intimacy**

**Joy (Truth/Expression/Empowerment)**

**Meaning: Discovery, Shared Reality, Celebrate/Mourn, Purpose**

**Transcendence: Awe, Faith, Communion, Stillness, Hope, Flow**

**Creativity/Play: Inspiration, Beauty, Humor, Spontaneity**

**Autonomy: Freedom, Dignity, Integrity, Initiative, Choice**